# - STUDY GUIDE -STEVE TRASH - BE AMAZING - CHARACTER SHOW - BUS IN - SHOWS -

#### **GENERAL SHOW OBJECTIVES -**

**Objective #1 - Kids learn the best thing to do when they have strong emotions.** 

Objective #2 - Kids learn why they should choose THE BIG you rather than THE LITTLE YOU.

Objective #3 - Kids learn why BEING GOOD, BEING AMAZING, NOT BEING MEAN... really matters.

Objective #3 - Why is it best to treat OTHERS the way you'd like to be treated?





**EMOTIONS** - Emotions are feelings that we experience. They can include sadness, happiness, fear, hope, anger, and joy. Some of our emotions can be very strong.

**THE BIG YOU OR THE LITTLE YOU -** the choice you make to be the better you (THE BIG YOU rather than THE LITTLE YOU). This choice might be to tell the truth, to be trustworthy, to be kind, to be helpful, or to be respectful, or to simply be a good friend.

**THE GOLDEN RULE -** this is THE way to know if you should choose to do something you're NOT SURE about. Ask yourself, "would I like to be treated that way?"

# **VIDEO LINKS**

**STOP THINK... THEN ACT** - Here's a short (one minute long) video that introduces the concept of Stop Think Then Act when you have strong emotions, and why it helps you make better choices.

https://vimeo.com/479606938

**TREAT OTHERS -** Here's a short (one minute long) video that introduces the concept of treating OTHERS the way YOU'D like to be treated.

https://vimeo.com/479606745

**THE BIG YOUR or THE LITTLE YOU -** Another short video (one minute long video) about the advantages of choosing THE BIG YOU rather than THE LITTLE YOU.

https://vimeo.com/473771226

#### **MORE IDEAS FOR DISCUSSION -**

Steve Trash has 42 - STEVE TRASH SAYS stored on his VIMEO site. These are one minute videos - that are "character" discussion-ready topics that you are welcome to use in your classroom.

You can view online or download them for free.

https://vimeo.com/showcase/8055848

Please feel free to use them as a jumping-off point for - SEL - character discussion.

# **ROCKIN' ECO HERO - STEVE TRASH**

Since 1984, Rockin' Eco Hero, Steve Trash, has entertained over 25 million kids and grownups with his live eco-magic, eco-music, and his passion for empowering kids to be better humanbeings!

He loves finding new and innovative ways to connect people to the planet - and to each other.

STEVE TRASH - CHARACTER SHOW - STUDY GUIDE - PAGE 2 OF 3

He's shared his "reduce, reuse, recycle" and "character" message in performing arts venues across the United States and in venues all over the world including Japan, Australia, Canada, Portugal, Spain, and the UAE.

He even has his own national PBS TV show: STEVE TRASH SCIENCE.

He lives in a green home with a 21 panel solar array out front, an on-demand water heater, and a composting bathtub out back in the tiny hamlet of Frog Pond, Alabama (population 76 when he's not home.)

LeVar Burton (Star Trek, Reading Rainbow, Roots) says, "I am a Steve Trash fan!"

We believe you will be too.

https://www.stevetrash.com/bio

Steve Trash - Rockin' Eco Hero <u>www.stevetrash.com</u> and he can be found on ALL "the socials".

Please follow him on your favorite.

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