

Study Guide for Second Graders: Media Masters Rock - How Full Is It

Overview:

This study guide will teach second graders how to think critically about social media posts by asking three important questions: Is it truthful? Is it hurtful? Is it helpful? These skills will help them become kind, responsible, and thoughtful digital citizens.

Learning Objectives:

1. Understand the meaning of “How Full Is It?”
2. Learn to evaluate social media posts by asking if they are truthful, hurtful, or helpful.
3. Practice making thoughtful choices about liking, sharing, or commenting on posts.

Step 1: Video Recap (5 Minutes)

Questions for Discussion:

1. What does “How Full Is It?” mean?
(Answer: It’s about checking if a post is truthful, hurtful, or helpful.)
2. What should we do before we like, share, or comment on a post?
(Answer: Pause and think about how full it is.)

Example FULL OR EMPTY Questions:

- If a post shows a helpful tip for a video game, is it full or empty? (Answer: Full—it’s helpful!)
- If a post makes fun of someone, is it full or empty? (Answer: Empty—it’s hurtful.)
- If a post shares an amazing science idea, is it full or empty? (Answer: Full - truthful).

Step 2: Three Questions Sorting Game (10 Minutes)

Materials:

- Three labeled containers: **Truthful, Hurtful, Helpful.**
- Pre-written “post examples” on cards (e.g., “This is a great book to read!” “This person is the worst player on the team!” “Look at this amazing science fact!” “That kid’s clothes are ugly.” “You can borrow my basketball if you want.” “My mom is truly amazing”).

Activity:

1. Read each “post” card aloud.
2. Ask the class to decide which container the post belongs in.

3. Discuss why the post belongs in that category.

Reflection:

Talk about how truthful, helpful, and hurtful posts affect the internet.

Step 3: How Full Is It? Role-Play (10 Minutes)

Materials: None needed.

Activity:

1. Set up role-play scenarios for kids to act out:
 - A friend posts a funny picture.
 - Someone posts something that seems unbelievable.
 - A post says mean things about someone at school.
2. After each scenario, pause and ask:
 - Is the post truthful? What's the evidence?
 - Is the post hurtful? Would it make someone feel bad?
 - Is the post helpful? Does it make someone's life better?

Prompt:

“What should we do next? Like it? Share it? Or do nothing?”

Step 4: Craft Time - My Media Master Badge (15 Minutes)

Materials:

- Construction paper, markers, stickers, and safety scissors.

Activity:

1. Each child designs their own “Media Master Badge” with the words “How Full Is It?” on it.
2. Around the badge, kids can draw examples of truthful, helpful, and kind posts, if it's hurtful, we don't want it on the badge.
3. Hang the badges around the classroom as a reminder to pause and think before posting.

Step 5: Wrap-Up Discussion (5 Minutes)

Review Key Points:

1. How full is it? Ask if a post is truthful, hurtful, or helpful.

2. Truth makes the internet better; lies make it worse.
3. Think before you act online.

Group Activity:

Create a class chant:

“Pause and think, ask how full—Media Masters make it cool!”

This study guide helps second graders build a foundation for responsible internet use while having fun and engaging with the material!

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